

## Christmas Cheer All Year

Last month we talked about Thankfulness, and carrying these thoughts and actions with us throughout the coming year. This catapulted us right into the frenzy of the Holiday Season, and I mean frenzy in a good way! Our lives and schedules are hectic and busy trying to remember people, do things for people and celebrate with people. It is definitely the time of year that we are putting our friends, families and other special relationships foremost in our minds and also extending warm wishes to people we don't even know!

### Think about this...

- 1) We stop and wish total strangers Merry Christmas on street corners.
- 2) We put money in buckets where bell ringers catch our attention.
- 3) We pull out boxes from places we haven't been to in a year to decorate our homes to create a warm special feeling for ourselves and our visitors.

Ovens that never knew they were for baking cookies are working overtime to create goodies to share.

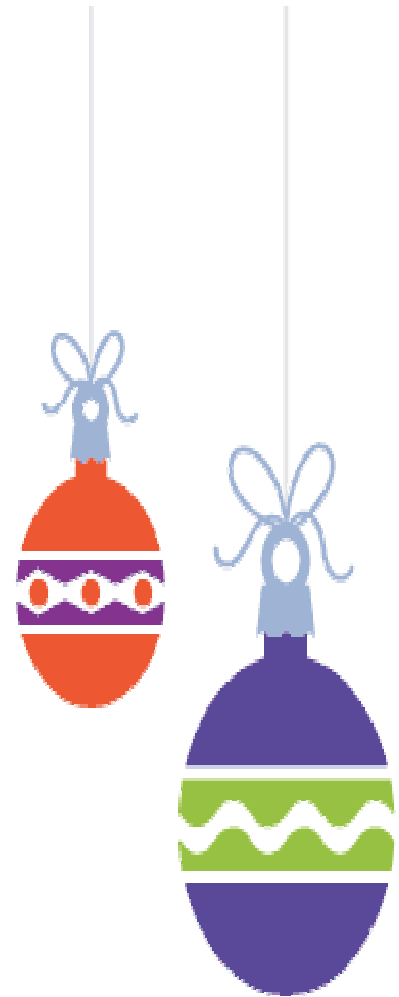
And best of all, we are happy and spirited and spreading "Christmas Cheer" like a common cold. ☺ Last week the person in front of me at a fast food drive-through actually paid for my coffee and asked the window attendant to say Merry Christmas to me! It was such a nice and surprising gesture, I passed it along to the person next in line behind me, and it felt great!

In the spirit of "Spreading Christmas Cheer" into 2009, and calling it "All Year Cheer" let's consider what it is that motivates us in December to:

- 1) Accomplish not just making lists but complete lists and check them twice!
- 2) Reach out to so many folks and find time for them; Holiday cards, parties, visits to those unable to get out and about.
- 3) Get more hours out of each and every day, and feel good about it!

**ALL of this with a  
HO HO HO  
and a  
MERRY MERRY MERRY!!!**

I suggest it is the power of a positive mindset...where there is a will, there is a way. We simply decide to be happy, cheery and bright, and the



way to accomplish it, follows from the feelings that are within! And those feelings are contagious.

There it is. MY POINT! "It is all about the feelings within" making days cheery and bright and spreading this cheer all year!

**"All Year Cheer" TIPS:**

- 1) Like Christmas Social occasions, look at attending Networking and Educational events as good times! (Learning for Growing)
- 2) Add to your Christmas card list. Partner and build new professional and personal alliances. Make new friends but keep the old!
- 3) Make giving of your time and talents a regular occurrence, not a drop in the bucket with a bell ringer.
- 4) Have your IDEA OVEN working all the time; be cooking up new batches of "great ideas" all the time.
- 5) Party all year, celebrating the accomplishments and successes of you and those around you!

I wish you all a very Merry Christmas, and many special moments with those that you love! I look forward to an awesome 2009...because as I say in all my trainings...

***"IF IT IS TO BE, IT'S UP TO ME"...***  
***(or in our case)***  
***"US".***

Warmly,  
Kerry



**From the desk of Ella Kate**  
***(Nana's Junior Partner)***

Merry Christmas Everybody!! I have been saying that a lot lately when I meet people with Nana! Everyone looks at me and smiles like I am so cute when I say that! (I even get Candy Canes... my favorite treat!) Gee, I think I would like to get those smiles all year long! For my "All Year Cheer" I am going to start saying something cute everytime I meet new people! So save a few candy canes for me, you just might see me in 2009!

Love and Hugs,  
Ella